

C-OPTIONS



Oct./Nov./Dec./ 2020

SEVANANDA
Natural Foods Market

Vol. XX Issue 4



Celebrating

46

Years Of

Blissful Service

COOPERATIVES
COMMIT
DIVERSITY
EQUITY
INCLUSION

THE INSIDE SCOOP



Ahzjah Simons
General Manager
Cooperative Director

We're so excited about all that's in store for you at Sevananda Natural Foods Market, your local community co-op. New products, services, special savings both online and in-store, and last but not least, more technology driven conveniences. Be sure to subscribe to our news at sevananda.coop or email us your contacts at info@sevananda.coop or stop by the customer service desk and

complete a contact form.

Stop by the Produce Department to see the "fabulous fruits" of our labor, end of summer specials and veg out with your favorite fresh local organic veggies in our produce dept. Veggie boxes coming soon!

Sevananda's vegan bliss Hot Bar is also making its way back to you! The Deli team is working hard, adding breakfast, lunch and dinner hours Friday through Monday with your favorites now! Our famous breakfast is returning with blisscuits (biscuits), grits, vegan home fries and sausage, various scrambles and more! Veganized Asian, African, Mexican, Italian and American classics – you can find in-store and soon online! Holiday meals are coming in November and you can order now! And don't forget to grab 'n go your favorite sides and meals from our grab 'n go case for later to save yourself a trip or visit our online webcart at sevananda.coop.

Be sure to visit sevananda.coop for details or subscribe to our E-news for weekly updates and more details.

Find more in the center of the store! All of your favorite meatless refrigerated, frozen options, bulk staple items, traditional packaged items and more! So many options and alternatives being created every day for your tasting pleasure. You'll find all your favorite alternative flour, milk, sweeteners, and more... in the center of the store. New products are arriving all the time from our national distributors, as well as our local inclusive network of entrepreneurs creating a stronger, local economy.

Our Wellness Department is re-stabilizing and stocking your essential health/beauty, and wellness needs. Supplements, health and beauty supplies, prepackaged medicinal and culinary herbs and uniquely special general mer-

chandise items for the Zen in you to create your very own Zen experience. We'll also be packaging your herbs on demand soon! Our Wellness Warriors are on the front lines of the Wellness Department assisting you in staying healthy with strong immunity shields. Social distancing is required in store, especially in the lines for our herbal wellness desk area, the hot bar, and the cashiers. So please be sure to distance yourself in all of these areas as a general precautionary measure.

Wellness is just getting started and we're loading up hundreds of wellness products into our webcart too! We'll keep you posted on our progress and the new products as they come online. There will be deep discounts and specials for trying out the webcart! Especially, the products that are featured in our Sevessentials video series.

Sevananda Cooperative, Inc. has been an essential business since its inception in 1974. Our Founders' vision and mission stands strong today, 46 years later, and we hope we will continue to thrive for the next 46 years. Covid-19 has created lots of challenges for us and we continue to create and innovate in order to remain essential to our member-owners and shoppers. Our essentials team is creating lots of great content to keep our Sevananda family strong and vibrant in these challenging times. For additional support tips and ways to Own Your Health, don't miss Sevessentials: Essential Living from an Essential Source at Sevananda.coop on the essential living page to learn more about building your immunity, making quick and easy meals and finding your inner zen. Being Essential features information and updates from yours truly and our Board, on operating and being an essential business as a

cooperative enterprise in 2020. Sevananda's Board will also host conversations regarding the state of our co-op and our nation/world today. We invite member-owners to join them in dialogue, and more virtual activities – brainstorming and visioning the future with events slated for 2021.

If you have been diagnosed with Covid-19, do not enter Sevananda premises. You may order online and have someone who has not been exposed pick up for you. If you think you have been exposed to someone with Covid-19, you should not enter Sevananda premises. You can order online and arrange for someone who hasn't been exposed to pick up your items curbside.

Our staff are happy to serve you. However, their safety is one of our primary concerns as the co-op can't exist without them. They serve our member-owners and shoppers and provide our products and services. We are facilitating shopper metering at 25 people at time. Please be sure to make your purchases swiftly so that others may get in and get out quickly as well. We are experiencing many irate shoppers and other challenges due to Covid-19. SEV staff has been verbally assaulted. One staff member was stalked and physically assaulted on two separate occasions. We are committed to serving you. However, we will not tolerate any verbal or physical abuse or any compromise of our staff's safety. Anyone exhibiting that type of behavior will be asked to leave the premises, issued a criminal trespass or arrested if necessary in order to keep our environment safe and free of any type of harassment.

Face coverings are required at this time and strictly enforced by Sevananda management, security, and staff. To avoid a direct confrontation, please be sure to keep your face covering on above your nose while on Sevananda premises, during your brief shopping time, through check out, and until safely in your vehicle or leaving Sevananda premises.

As a protective measure for everyone while on Sevananda property, if you have health conditions that make wearing face covering a challenge we can make arrangements for you to order online or on the phone and pick up your merchandise curbside. However, please note that only shoppers with masks will be allowed in-store and those in the parking lot will need to wear a mask if within 6 feet of others in the lot. Thank you for your patience and cooperation.

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**CALL FOR
CANDIDATES**



For Board of Directors Elections

**Sevananda Natural Food Co-operative
is **NOW** accepting applications for
candidates for the Board of Directors.**

October 1 – November 15th

**Three seats on the board are up for re-election!
Each seat carries a 3-year term.**

Do your part to help shape the future of Sevananda. We're interested in passionate and experienced member-owners who are in good standing to hold the distinction of being a Sevananda Board Member.

You can now apply directly online at www.sevananda.coop. A limited number of packets will be available at our customer service desk during normal business hours on Sunday through Saturday from October 1st thru November 15th.

***Additional qualifications will be outlined in the application.**



Messages from

Elections

Greetings Sevananda Member-Owners!

COVID-19 knocked us down for a bit, but we're back again! We are proud to announce that our 2020 Board Elections will still take place this year. In alignment with our Bylaws, we have three open seats with a three-year term.

Due to the "new normal" enforced by state and federal health officials thanks to COVID-19, the elections will be (nearly) 100% digital.

Here are some things to keep in mind as we move ahead with this new digital experience.

- Call for Candidates packet will be provided online via Google Forms. However, candidates who are unable to access the online platform can pick up a packet in-store.
 - Hard copy packets can only be returned via email or fax. More details will be provided with the packet.
- Member owners will have an opportunity to "Meet the Candidates" via Zoom and on our social media pages on Facebook and Instagram
 - **Follow our social pages now! Facebook: Sevananda Natural Foods Market, Instagram: @Sevananda_atl**
- Online voting will continue via Simply Voting
 - Paper ballots will also be available with a return envelope to mail directly to the vendor. Do not return ballots to the store.
- If we don't have an email on file for you, I highly encourage you to provide us your email so that you may stay in the loop on the elections and other updates. Send your email information to election@sevananda.coop
- You may also visit the customer service desk or call into Sevananda to add an email to your membership profile. A customer service representative will gladly assist you.
- If you're not a member, join now! Membership is required to run and vote

Key Dates for the 2020 Elections

October 1- November 15: Call for Candidates.

November 23: Elections Committee Presents list of Candidates to the full board.

November 30: Candidates notified they are cleared to move to the voting phase.

December 1- January 15: Voting Phase.

- Weekly updates will be submitted via our social media pages.
- Candidate "Meet and Greets" will be fully digital.
 - * We will host Zoom sessions with all the candidates.
 - * The candidates will also go Live on our social platforms during the voting phase.
 - * The candidates will also record a "Why Vote for Me" video that will be posted on social pages and Sevananda website.

**We're looking forward to exploring and enjoying this new digital experience together.
Email any questions to election@sevananda.coop.**

the Board of Directors

Linkage



A link is defined as a relationship between two things or situations, especially where one thing affects the other. The Sevananda Board of Director's Linkage Committee is focused on connecting the Board to the community and the community to the Board/cooperative. As a linkage committee member, adding value to Sevananda Board/Co-operative by connecting the community in rich, meaningful ways is my focus and passion. Some of the ways that we've done this in the past include fun educational events, Co-Option articles and member-owner meetings.

At the end of 2019, we had a very exciting member-owner meeting. Prior to that meeting, I compiled a detailed "Getting-to-Know You" questionnaire. All member-owners present at the meeting completed the questionnaire. Our end-of-year 2019 meeting was exciting for a number of reasons including, our ability to learn so much about the interests, passions, hobbies, and experiences of our member-owners. We truly have a dynamic, experienced, and informed member-owner body! We were planning to compile the information we collected in the questionnaires and curate events in the spring of 2020 centered on strengthening the link and the relationship between the Sevananda Board of Directors and the community (member-owners and future member-owners).

As we all know, in the spring of 2020 huge changes occurred across the nation and many people experienced unprecedented changes in a short amount of time. Recently I had the pleasure of reconnecting (via phone) with the member-owners who completed the "getting to know you" questionnaires at the end of 2019 and I was truly inspired by what I heard. Many of you have taken the first half of this year to reflect upon, redefine, and re-evaluate your contribution to humanity and many of you have dug deep within yourselves and made tough decisions such as leaving a job where you felt unfulfilled, starting a business, going back to school, etc. Many of you have also re-engaged with your passions and hobbies of photography, teaching, increasing quality family time, reconnecting on a deeper level with your personal spiritual practices, and learning new skills such as gardening. Many of you have deliberately decided to use the year 2020 to plant seeds of success for your future. The conversations and stories I enjoyed with our member-owners have enlivened my spirit and I am sure they will do the same for others.

The Sevananda Linkage Committee is launching our "Linked & Inspired SEV Changemakers Series". This series is a platform where we will celebrate the narratives of our member-owners who have been touched, moved, and inspired to action in 2020. I will converse with our member-owners via our social media platforms on various topics that you care about, celebrate your 2020 success stories and share your big and small wins with the world. It's often said, "A chain is only as strong as its weakest link." I offer a more empowering saying, "A chain is as strong as its most inspired link!" Let's stay linked and inspired. . . We look forward to you joining us on the "Linked & Inspired SEV Changemakers Series".

Want to share your story or highlight someone who has inspired you in 2020?

Please email a brief description (1 paragraph or less) and your best contact number to, Jasmine@sevananda.coop

*By Jasmine Simone
Board Linkage*



1. VOLUNTARY AND OPEN MEMBERSHIP
2. DEMOCRATIC MEMBER CONTROL
3. MEMBERS' ECONOMIC PARTICIPATION
4. AUTONOMY AND INDEPENDENCE
5. EDUCATION, TRAINING AND INFORMATION
6. COOPERATION AMONG COOPERATIVES
7. CONCERN FOR COMMUNITY

President



Wanique Shabazz

Vice Pres.



Tracy Dornelly

Secretary



Jerilyn Bell

Treasurer



Jessica McMorris

Board Member



Adama Alaji

Board Member



Mason West

Board Member



Pearlletta Graves

Board Member



Jasmine Simone

Board Member



Melissa Fortune

OCTOBER NATIONAL CO-OP MONTH





Celebrated by cooperatives nationwide during the month of October, National Co-op Month is an annual opportunity to raise awareness of a trusted, proven way to do business and build communities. The theme for this year's Co-op Month is "Co-ops Commit: Diversity, Equity and Inclusion," highlighting how co-ops are creating diverse, equitable and inclusive workplaces and boards, and how co-ops can better meet the needs of communities that have been excluded from economic participation and advancement. Cooperatives nationwide are encouraged to use this year's theme and logo in their communication and outreach activities this October.

CO-OP MONTH FUN FACTS

- Minnesota was the first state to declare an official Co-op Month proclamation in 1948.
- Co-op Month has been a nationally recognized celebration since 1964, when U.S. Secretary of Agriculture Orville Freeman, a former Minnesota governor, proclaimed October Co-op Month.
- The first national Co-op Month theme, in 1964, was "Cooperatives: USDA Helps Build a Better America."
- The U.S. Government sponsored Co-op Month from 1964-1970.
- Every October, the U.S. Department of Agriculture releases its annual Co-op Month proclamation.



Vegan / Vegetarian Holiday Meal (November)

HOLIDAY CUT OFF NOV. 7TH 2020

P/U DAYS ARE NOV. 24TH & 25TH



It's that time of year again! Thanksgiving is upon us. With all the stress & worries going on in the world right now, Thanksgiving Day shouldn't be one of those days. Let us prepare your holiday meal this year so you can spend time with your family. During these crazy times family is the most important thing! We are starting early this year. You can place your orders now & lock your spot in. Ordering will be available online only. The cutoff date for ordering will be November 7th 2020, NO EXCEPTIONS, so make sure you don't miss out. We will have two convenient pick up days for you to choose from.



**Dinner for 2
\$59.99**

- 1 Entrée
- 2 Sides
- ½ Pint Cranberry Relish
- 1 Pint Rosemary Gravy
- 4 Dinner Rolls
- 1 Dessert

Entrees

- Tofurky Ham Style Roast w/ Brown Sugar Glaze
- Celebration Field Roast

**Dinner for 2
\$79.99**

- 2 Entrée
- 4 Sides
- 1 Pint Cranberry Relish
- 1 Pint Rosemary Gravy
- 8 Dinner Rolls
- 1 Dessert

Sides

- Collard Greens
- Garlic Smashed Potatoes
- Cornbread Dressing
- Rosemary Gravy
- Cranberry Relish
- Vegan Mac & Cheese
- Broccoli Casserole
- (4) Dinner Rolls

Desserts

- Pies 8"
- Sweet Potato Pie
- Pecan Pie

- Vegan Gluten Free Cake 8"
- Chocolate
- Vanilla
- Strawberry

NEW

SEVANANDA
Natural Foods Market
PROTEIN BOWLS



BLACK BEAN QUINOA BOWL



VEGAN BURRITO BOWL



ROASTED VEGGIE BUDDHA BOWL WITH QUINOA

SWEET POTATO CHICKPEA BUDDHA BOWL





From The Heart and Desk of Adama



Minister on Behalf of the Cosmic Communities for Conscious Cosmic Citizenship - Heraldess of the Eternal and the "Voice" of Resurrection
Mother Earth's Blessing Wholistic Life Center 1830 Cheshire Bridge Rd. N.E. Atlanta, GA 30324
Inspirational Life Style Change & Wholistic Wellness Consultant
Facilitator of the Step into More Power and Sistahood & Brothahood Empowerment Circles
Producer & Host of the Meeting of the Inner Circle - 89.3FM www.wrfg.org Thursdays Midnight-6am

In contemplating the miracle of existence, we have come to Earth, a living bio-spheric intergalactic space ship; through the wombs of our mothers sparked by the divine sacred life force from our fathers; we are absolutely and divinely blessed with the gift of life. Animated as living spirits of sacred breath, housed in divinely designed vessels, as unique individuations of Supreme Being, female, male, both and neither; we are immersed in nothing but the Intelligence of Existence or what others may refer to as Divine Mind, where we live and dwell for the time that we are on the Earth. It is necessary to take a moment to remember how amazing Being actually is.

The Earth as well as those of us upon her are travelling through the Cosmic, immersed in nothing but pure consciousness and Absolute and Supreme Intelligence that is beginningless, endless, infinite and eternal. With our divine design and gift of the faculties of supreme intelligence, it is our blessing to be the beneficiaries of the realizations, revelations, epiphanies and intellectual and creative gifts and genius of all of those who have come before us, those who are with us and those who have come through us.

Cosmic Citizenship is the true nativity of us, binding us within the interconnectedness of the divinity of Existence within the order and progression of absolute Law with obligation and duty towards self-realization, self-actualization and harmonization with the Will of Existence in the progression of the expansiveness of Its own Reality as All there Is and the truth of the divinity of Beings that we actually are as these points of presence of Absolute and Supreme Beingness as Intelligence that is limitless, boundless, ageless and timeless.

Wisdom would have us take time to honor, reverence, respect and harmonize with the absolute divinity of existence by exalting a full life's urge as all other intelligences do. Nothing lives to kill itself. Everything exalts its life and is intelligent enough to know its food, excrete its waste, know its kind, perpetuate itself and responds instinctively when it senses that its life may be threatened. The nature of All Intelligence and intelligent beings regardless of shape, form or kind is that it loves its freedom. There are no beings that rejoice in being caged, subjugated, dominated, enslaved or mistreated, not even the pigs, cows, chicken, turkeys, fish or other creatures that are exploited as commodity or for the entertainment and amusement of humankind, Everything and everyone responds to love. Love that is care, respect, consideration and the fulfillment of Law.

Living in the light of the truth of Being requires respecting the divine design of our vessels that require sunshine, oxygenation, hydration, mineralization, alkalization and opening all channels of elimination to rid the vessel of the toxins, waste, viruses, bacteria, organisms, parasites and their waste that create blockage and obstruction of the life force and harmony of spirit, mind, body that are our greatest gifts. Liberation is the freedom of the Intelligence of the Being to BE free to function as Intelligence does, always in its own best interest, always in the best interest of the Whole, and doing nothing to undermine itself or anyone else.

The global agendas of exploitation, extraction, political, economic and social manipulation can only be countered if and when individuals accept the divinity of Being, the oneness of All Being and to grant all beings the right to their lives and refrain, resist, cease and desist from participating in undermining themselves and their cells. The Intelligence of Existence is All there Is as Existence Itself, everything can work towards our greatest good, particularly when we are not a detriment to our cells/selves.

Happy December Holiday!





We often think our vote matters only on Election Day, but in reality, even our most ordinary purchases also cast a vote for the kind of world we want to live in.

By voting with their dollars, people make a conscious effort to buy the things that align with their beliefs. They buy organic because they feel it's the safest and healthiest choice for their family. That purchase is also a vote for a cleaner planet, climate change mitigation, higher wages for farmers and farmworkers, fewer chemicals in the environment, and many other issues.

The more consumers support the organic industry, the bigger the impact of their combined spending, so that it benefits many other areas within the food industry and the agricultural system as a whole. In turn, those purchases help strengthen the organic industry, which in turn helps build a healthier agricultural system and allows for the production of healthier foods. Purchasing organic takes money out of the conventional system of large farming and chemical production.

The conventional agriculture system accounts for 99% of acreage used for U.S. crop production. That's far too high since much of the conventional agricultural system relies on GMOs and a heavy chemical cycle of pesticides and herbicides. For example, many of the pollinators needed to grow our food supply rely on organic farms as safe havens from conventional insecticide use. The more organic "votes" consumers cast at the grocery store, the more pollinators they save. If you want a healthier planet, then voting with your dollars and buying organic is one important way to help decrease chemical use.

An especially important reason to vote with your dollars by supporting organic is the premium that organic farmers and farm workers receive compared to their conventional counterparts. Organic farmers make anywhere from 22 to 35 percent more than conventional farmers.

Farming is not known to be very lucrative, so any gains farmers make that help them continue to do the work they love while also providing for their families are important. Conventional farmers in the U.S. have had a difficult time keeping up with changes within the industry as well as turning a profit. Many smaller farms are finding it difficult to stay afloat when their competition is large-scale farms that have become standard in the Midwest.

Most organic farms are much smaller, and they are better for the environment and surrounding area. Organic farms boost the local economy so they benefit their communities as well as the farmer.

Organic Voices is a non-profit organization that is not involved or politically affiliated with any group or party. We do think it is important for all people to vote as it is our right as citizens of the United States. With that we hope that you exercise that right and vote in all elections. To register please visit: <https://www.vote.org>

COVID-19 Fuels Growth in Organic Food Options

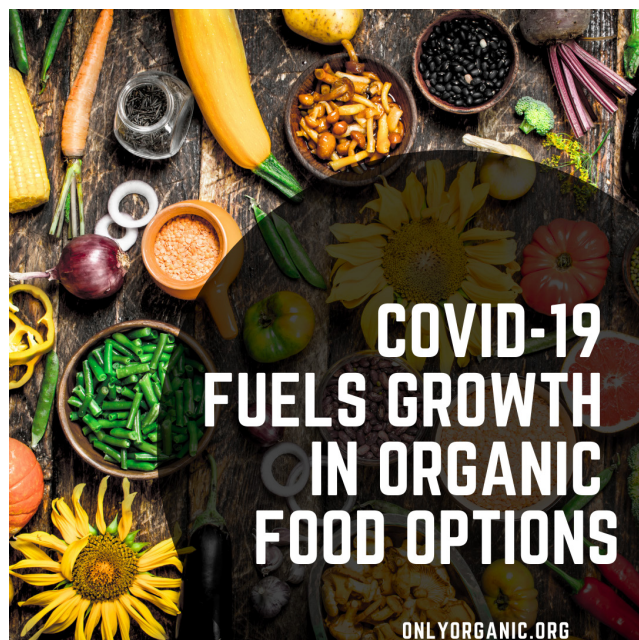
COVID-19 has indelibly changed every aspect of our lives. Its influence has created challenges, restructured social settings, and redefined meanings of common words and phrases. The terms "organic" and "clean," for example, have a new, heightened relevance with consumers in a post-COVID-19 environment with their hyper-focus on strengthening immune systems and preparing bodies for any potential interaction with the virus. This has dramatically impacted the core of the food and restaurant industries, specifically healthy and organic food. And the numbers are impressive.

Eating organic is by no means a new concept brought on by the pandemic, but the shift in mindsets has thrust this niche food sector into overdrive.

As consumers seek clean products without chemicals or human-made modifications to put in their bodies, they are taking more notice of organic ingredients to boost their health and wellness. And it doesn't just stop there; they're also looking at how clean the restaurant and its employees are in delivering and preparing the product.

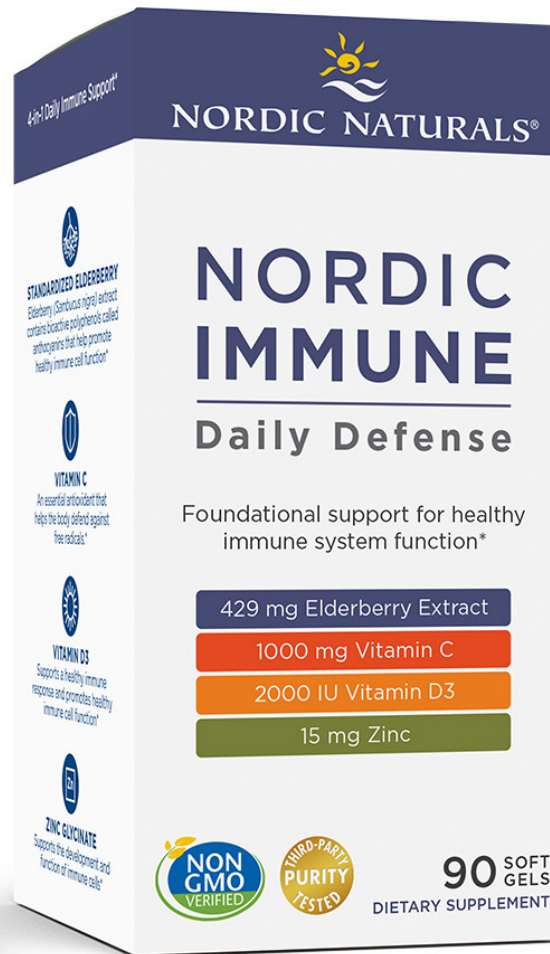
Consumers ask, "Can I trust this establishment, can I trust the food they are offering me, can I trust that the staff is adhering to health and safety protocols." One of the more burning questions is, "How will eating organic make me feel, and will it help me fight the virus?"

Eating organic is by no means a new concept brought on by the pandemic, but the shift in mindsets has thrust this niche food sector into overdrive. To be clear, eating organic will not kill the virus or make you immune. Still, it is well-documented that eating clean, nutrient-dense foods without foreign chemicals like preservatives or pesticides has beneficial long-term effects on the mind, body, and overall well-being. The stronger your body and immune system, the better off you are against a litany of concerning health issues.





NORDIC NATURALS®



The immune system is your body's frontline defense against invading pathogens. And while a number of different factors (age, stress levels, underlying health, sleep habits) contribute to your immune health, getting the right vitamins, minerals, and nutrients is essential to your body's ability to respond to daily immune stressors. Nordic Immune Daily Defense helps answer this need with standardized elderberry, potent doses of vitamins C and D3, and chelated zinc glycinate for better absorption. It supports innate and adaptive immune cell functions throughout your body to help keep you well.*

Whats New at Sevananda?



Miyoko's Vegan
Pepper Jack
8 oz.
\$5.69



Frontier Coop
Organic
Turmeric Twist
Spice blend 1.8oz
\$5.619



Bob's Gluten-
Free Brownie Mix
\$5.39



Enlightened Fruit Infusions
Bars (4pk) 2.5oz
\$5.29

Sevananda Water Has "A NEW LOOK"

16.9 oz. \$.99
33.8 oz. \$ 1.69

1 gallon \$ 2.99
5 gallon \$ 14.99
(\$9.99 with return bottle)



O'Doughs Thins
Vegan Everything
Bagels (6pk)
10.6 oz.
\$4.29



Sunfood Superfoods
Raw Organic Chia
Seed Powder, 1 lb
\$13.49

Dr. Praeger's Egg
Whites & Kale
Breakfast Bowl 7 oz.
\$4.99



Simply Organic
Original Umami
Spice Blend, 3.14 oz.
\$6.19

Be Essential: Essential Living From an Essential Source

All videos below can be seen on our website
www.sevananda.coop/essential-living



Sevananda Essential Team

- Ahzjah Simons (General Manager)
- Kim Purefoy (Wellness Manager)
- Sharlise Lowe (Marketing/Member Services Manager)
- Cheranna Dottin (Marketing/Member Service Asst)



*SEV Essentials Intro
Ahzjah Simons*



*SEV Education
Kim Purefoy*

Immunity Essentials Shopping List AT SEV...

- RESISTC LIPOSOMAL VIT C 500MG 8Z \$17.99
- TRACE IONIC ZINC 50 MG\$9.99
- FLORA ORG ELDERBERRY 8.5OZ \$10.99
- ACF ADVANCED IMMUNE RESPONSE
WITH ELDERBERRY \$29.99
- NAT PATH SILVER 500PPM 2oz \$17.49

- TRACE IONIC SELENIUM 300MCG \$13.69
- TRACE IONIC IODINE 225MCG 2oz \$13.10
- NATURAL LIVING BLACK SEED OIL \$13.39
- DR BOMBAY NEEM OIL 1oz \$9.99
- DR BOMBAY 3-2-1 OIL \$19.99



*SEV Zen
YEMI*



*SEV Fit
Gaiyon Reavish*



SEV Herb N Food

“Georgia Cooperative Development Center (GCDC)”

Georgia Co-operative Development Center (GCDC) is a nonprofit 501(c)(3) organization whose mission is to provide assistance to startup and existing cooperative businesses across the state of Georgia with the goal of addressing the social needs of our communities and creating a more equitable economy. GCDC's origins are (at least) two-fold: GCDC grew first out of a need in Georgia for entrepreneurs interested in sharing the risks and responsibilities of ownership democratically. Second, on a more personal level, GCDC grew out of a capstone paper written for the Master's of Management: Co-operatives and Credit Unions program at Saint Mary's University in Halifax, Nova Scotia. Matthew Epperson (Executive Director of GCDC) completed that program in the fall of 2015. His capstone focused on the challenges and opportunities for US southern cooperators, particularly those involved with the Southern Grassroots Economies Project (SGEP). Seeing this need, Matthew completed the Art and Science of Cooperative Development by CooperationWorks! in December 2017 and is now a certified cooperative developer. Through this training he is ready to help startups and existing co-ops with services including co-op 101 introductory education, pro forma (sources and uses of money) creation, business planning assistance, board retreat planning and facilitation, professional service referrals (for legal and accounting needs), networking/development opportunities, events, research and more.



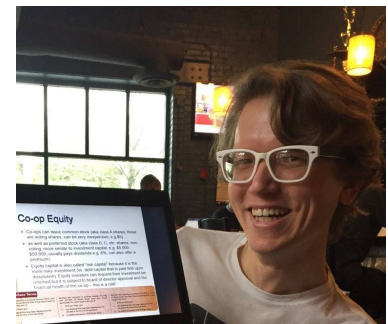
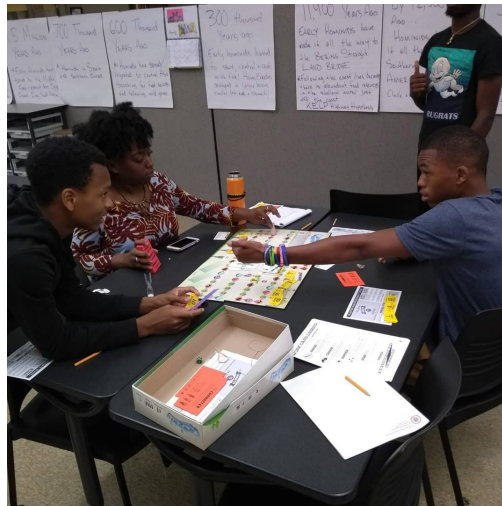
GEORGIA COOPERATIVE DEVELOPMENT CENTER

A more cooperative future in Georgia, in which regular folks can see that they have the power to own their own economic and social destinies through cooperation – that is what we envision with GCDC. Our economy, particularly in the areas of food, business conversions, and elder care, shows great promise for more and more co-ops. From farm to fork, we have co-ops already growing food, storing, packing and shipping food, and selling food to customers.

GCDC is a new organization, and much is still growing and changing – we hope you'll connect with us. Whether that is as a donor, subscriber to our newsletter, as a partner-client (or referral) or just drop us a line, we'd love to be in touch. GCDC is here to help see more co-ops growing stronger together in Georgia. Thanks for reading!



Today, GCDC is working with co-ops of all shapes and sizes, from a small tamale producer co-op, to a statewide group of meat producers interested in owning their own meat processing plant cooperatively, to a worker-owned cleaning co-op or vegan pecan milk co-op. Projects that are led by poor and marginalized folks using cooperation to lift themselves are a particular focus area of GCDC's as we work to build a more equitable economy in Georgia. We do this in partnership with many other organizations including the West Georgia Farmer's Co-op, Cooperative Atlanta, and members of the SGEP as well. A needs assessment will be conducted in 2018 to help us better understand the co-op landscape in Georgia, its impact and its needs which GCDC will aim to address. You can stay up to date by visiting our website (www.georgiacoopdc.org), and you can follow us on Facebook and subscribe to our newsletter.



Organization Name: Georgia Cooperative Development Center (GCDC)

Mission: Georgia Co-op Development Center provides assistance to startup and existing co-op businesses across the state of Georgia with the goal of addressing the social needs of our communities and creating a more equitable economy.

Contact: Matthew Epperson, Executive Director

Address: PO Box 307 Athens, 30603

Website: www.georgiacoopdc.org

Sevananda Natural Foods Market
467 Moreland Avenue NE
Atlanta, GA 30307
404-681-2831
fax 404 577-3940
www.sevananda.coop
email: info@sevananda.coop

Store Hours
Monday-Sunday
9am - 8pm

Co-Options Staff
Sharlise Lowe (Editor/Layout/
Graphics)
Ifini Shepperd (Proofing/Team)
Cheranna Dottin (Proofing/Team)

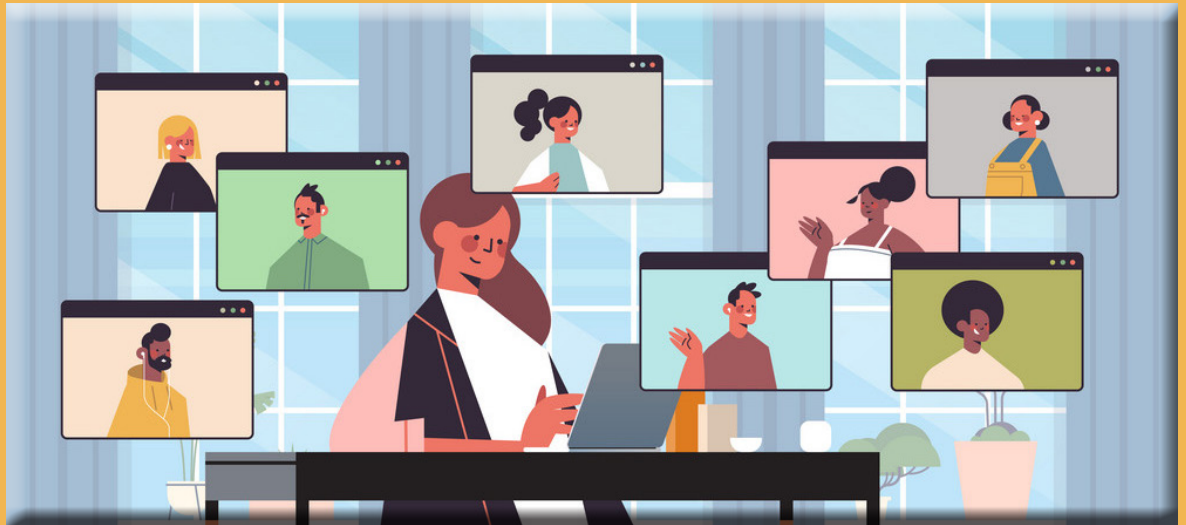
Opinions expressed in this
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